Slide 1

Connecting the Mammo Room and Reading Room: Interactive Case Review

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Slide 2
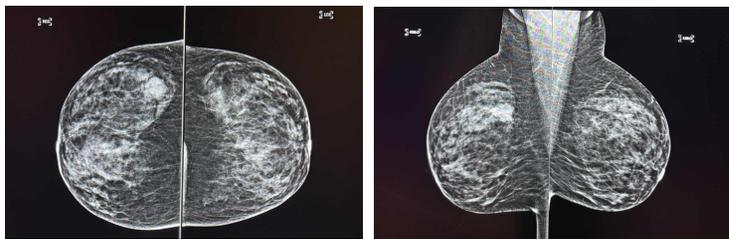
ACR Images vs Real Life

- What are realistic expectations in a daily practice
- What are the key components for the CC and MLO
- Variations in breast size, density, mobility, tenderness
- Variations in body habitus: kyphosis, limited ROM, mobility issues etc.
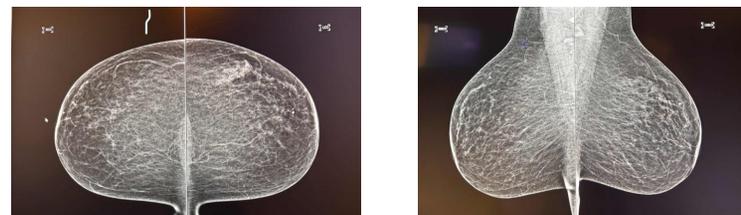
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Slide 3

ACR Accreditation: Perfect!!

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3

Slide 4

ACR Accreditation: Perfect!!

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Meets Image Quality Standards
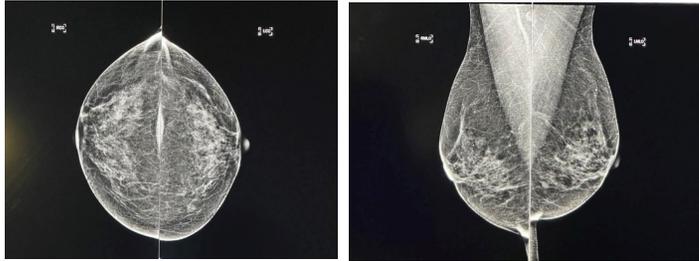
What is a "Repeatable Offense"?
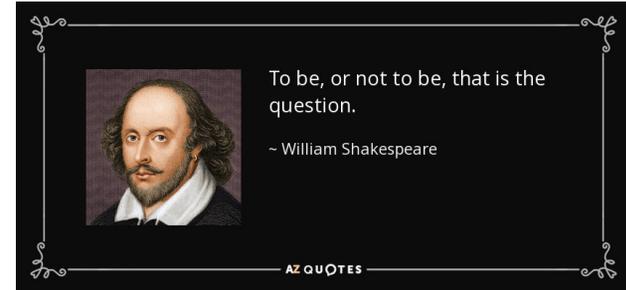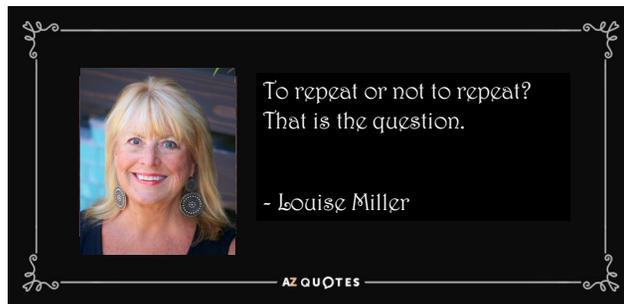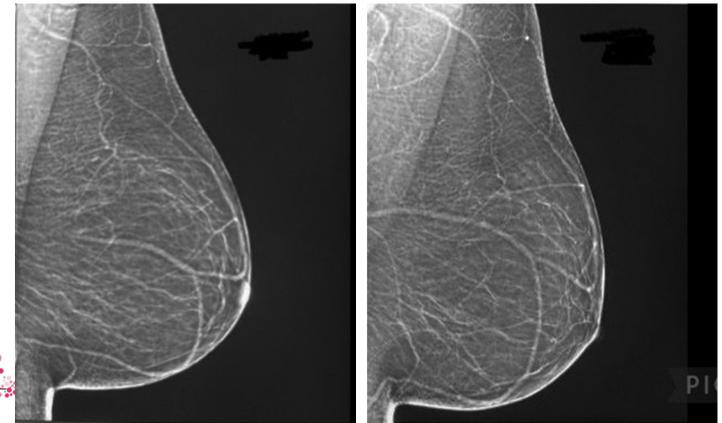
To be, or not to be, that is the question.

~ William Shakespeare

AZ QUOTES

To repeat or not to repeat?
That is the question.

- Louise Miller

AZ QUOTES

Documentation of Patient History

Folds

Solution

The technologist's hand must slide down the lateral side of the breast.
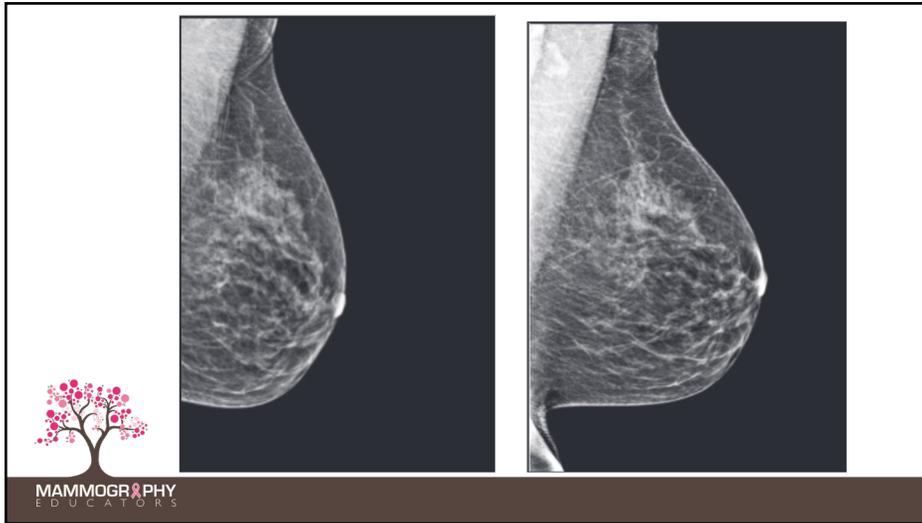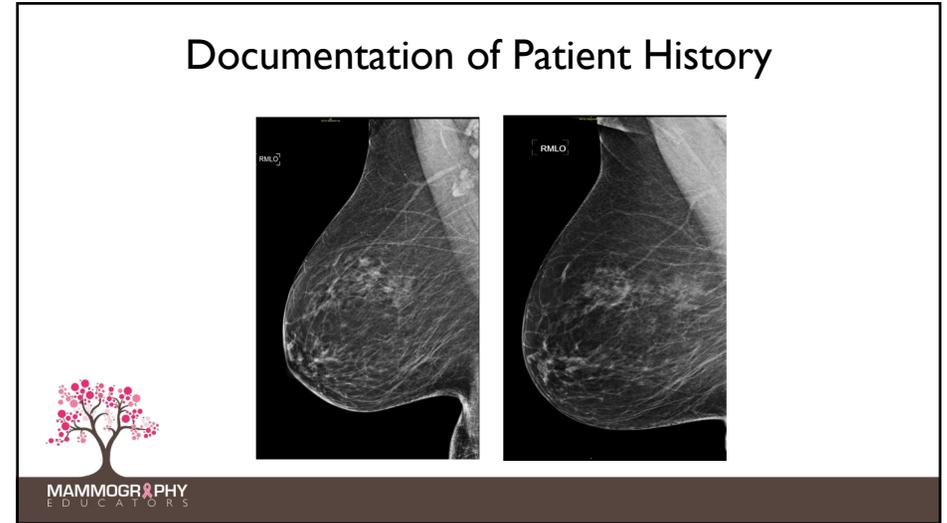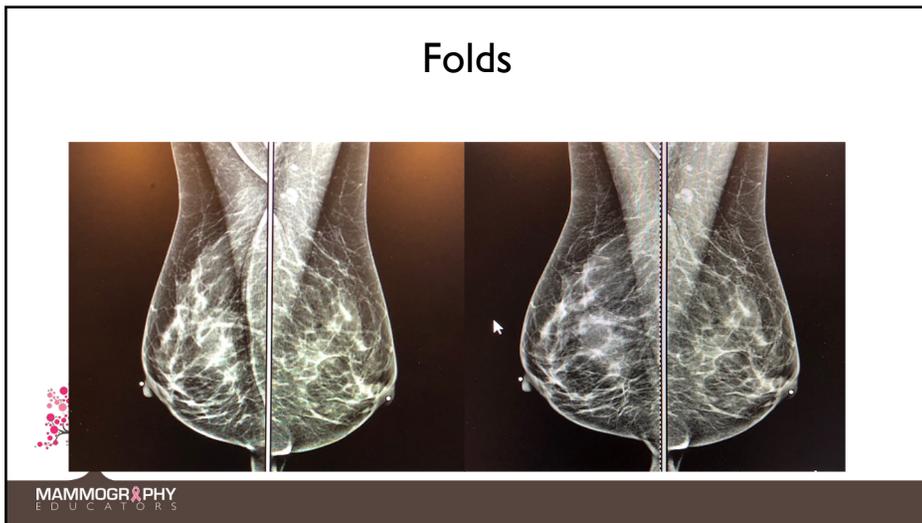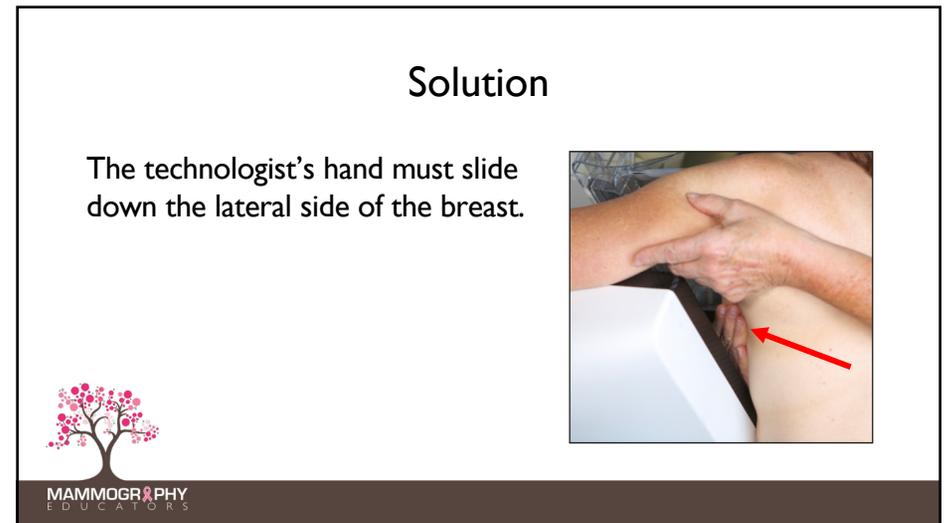
IMF Issues

LMLO   LMLO
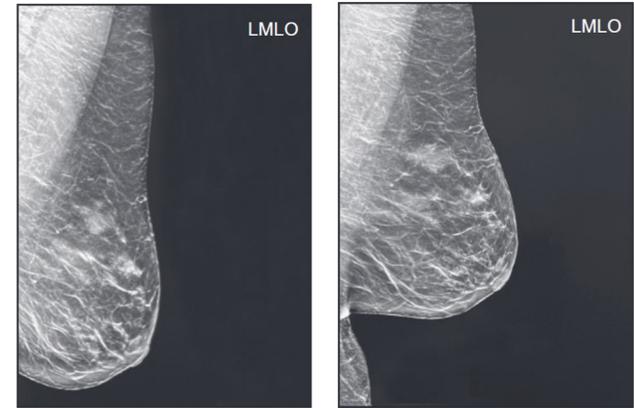
Centering on IR – Changing Paddles
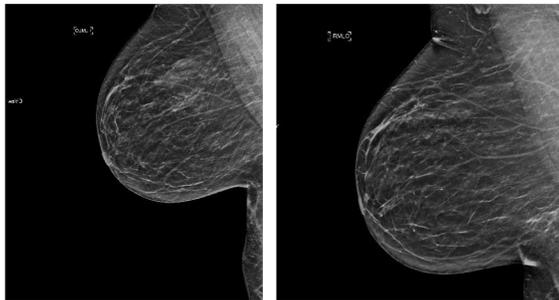
Solution
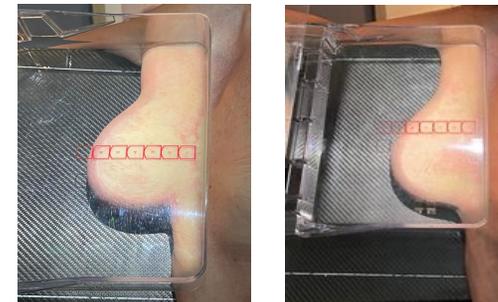
24x30   18x24

Short CC –
Inclusion of More Posterior Breast Tissue
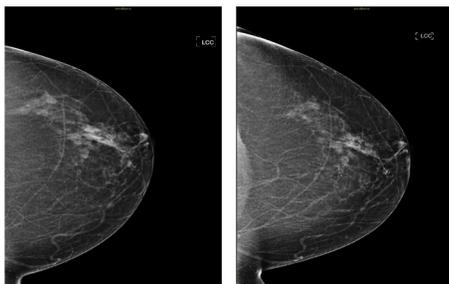
How to Measure the PNL

Example 1. PNL measurement on the CC must be within 1 cm of PNL measurement on the MLO.

MLO

9.5 cm

9 cm

10 cm

CC

CC

A) MLO   B) CC without Pec Muscle   C) CC with Pec Muscle
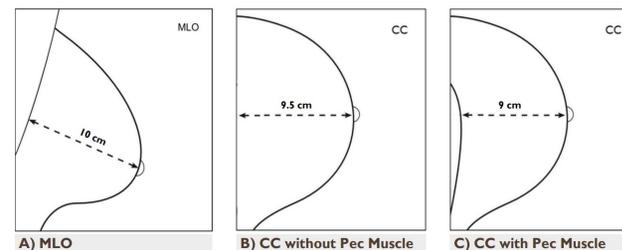
PNL Dilemmas

- What if the nipple is not centered?
- What if there is inadequate muscle is (short or concave) on the MLO?
- What if the nipple is not in profile?

PNL Dilemmas

Slide 21

Measurement of PNL
if Nipple is Not Centered

NO   **YES**

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PNL Measurements on CC and MLO

Slide 23

PNL Measurement on CC

- PNL on CC view is measured along a line that extends directly posteriorly from the base of the nipple to the pectoral muscle or the edge of the film, whichever comes first[1]

127.7 mm**
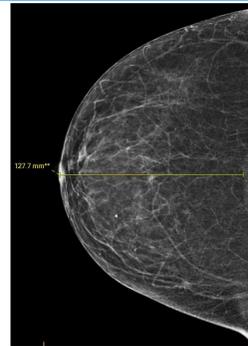
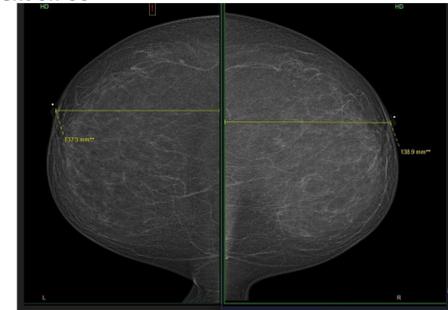ACR LEARNING NETWORK

[1]Bassett LW, et al. Mammographic positioning: evaluation from the view box. Radiology. 1993 Sep;188(3):803-6.

Slide 24

PNL Measurement on CC
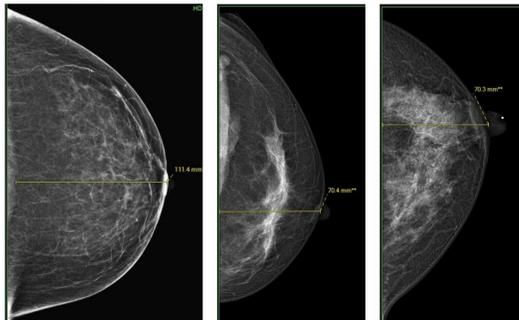
ACR LEARNING NETWORK

PNL Measurement on CC

ACR LEARNING NETWORK

PNL Measurement on MLO

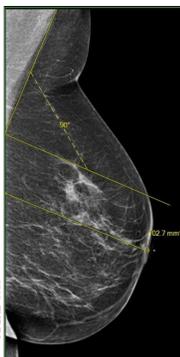- To measure the PNL on MLO view, you need to accurately determine a 90-degree angle. This is done using the angle function on your PACS or Review Workstation (RWS) systems.

- The following slides show 3 ways to measure the PNL on MLO view when the pectoral muscle doesn't reach the nipple line.
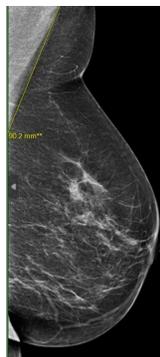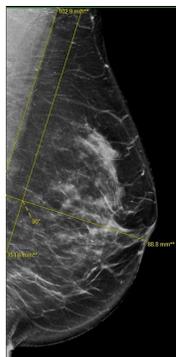
ACR LEARNING NETWORK

Option 1   Option 2   Option 3

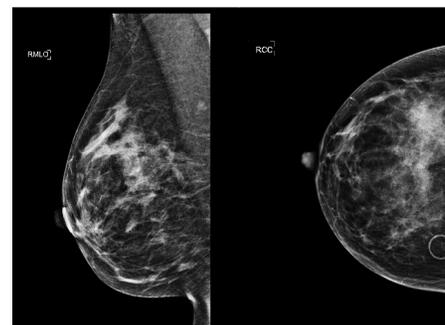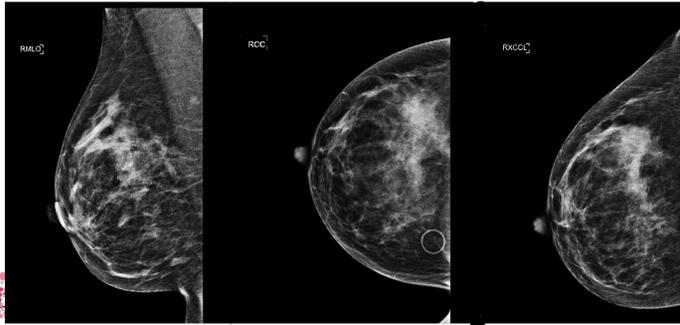Source: ACR Learning Network

The Use (and Misuse) of the XCCL

Use of the XCCL

Subsequent Screening Mammogram
No XCCL Needed!
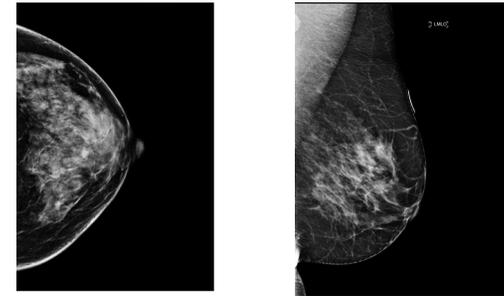
Use of the XCCL – Standard of Care

- XCCLs should be done on *baseline* mammograms when posterior breast tissue is excluded on the CC
- On subsequent screening mammograms, if glandular breast tissue is imaged back to the retromammary fat space an XCCL *does **not** need to be done
- *There is no data that shows that the use of XCCLs for screening finds more breast cancers!*

Use of the XCCL

- Should be performed on <u>less than 5%</u> of all patients
- Performed at 0-degree angulation
- Patient's body should be at 45-degree angle to IT
- Nipple should be pointing towards the upper corner of the image receptor

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Motion

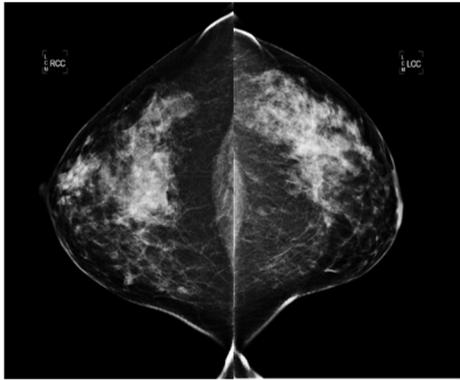Exam done with patient seated, patient unable to lift left arm, difficulty breathing, on oxygen

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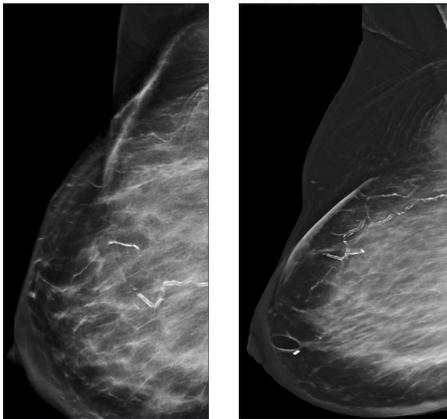
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Repeats – Add Views

FFDM or DBT?

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To 3D, or not to 3D, that is the question.

- Dr. Destounis
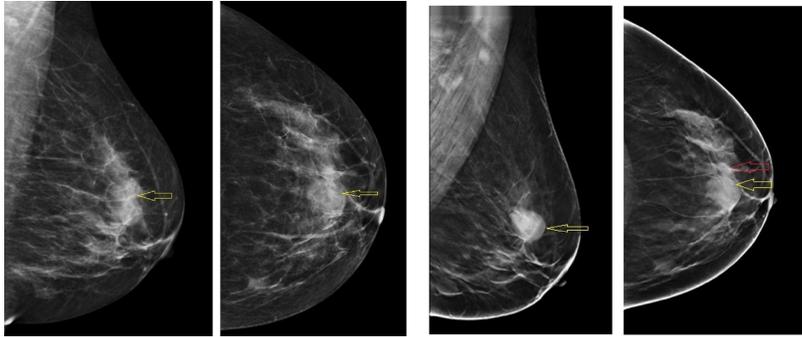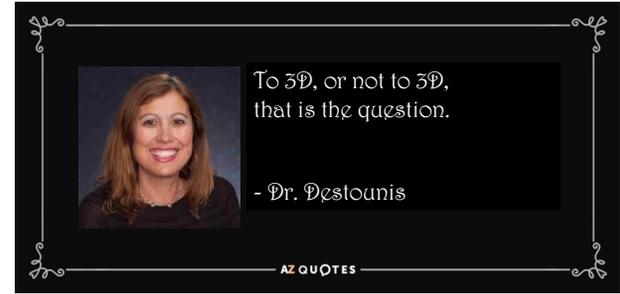
38

The Importance of Standardized Positioning

- Standardized
- Consistent
- Reproducible
- Efficient
- Proficient
- Ergonomically Sound

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Consistency and Reproducibility
Different techs – Different years

40

Consistency and Reproducibility

Different techs – Different years

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Meet, **Beat**, Repeat
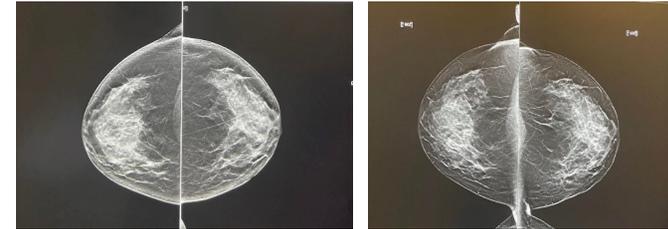
Year 1   Year 2

42

Diagnostic Workup

41-year-old patient presents for screening mammography and follow up diagnostic exam.

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LT BREAST 900 2 CMFN TRANS

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Stump the Expert

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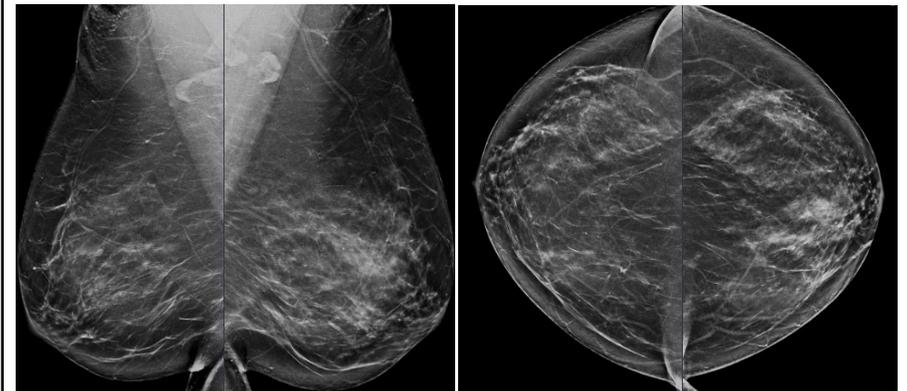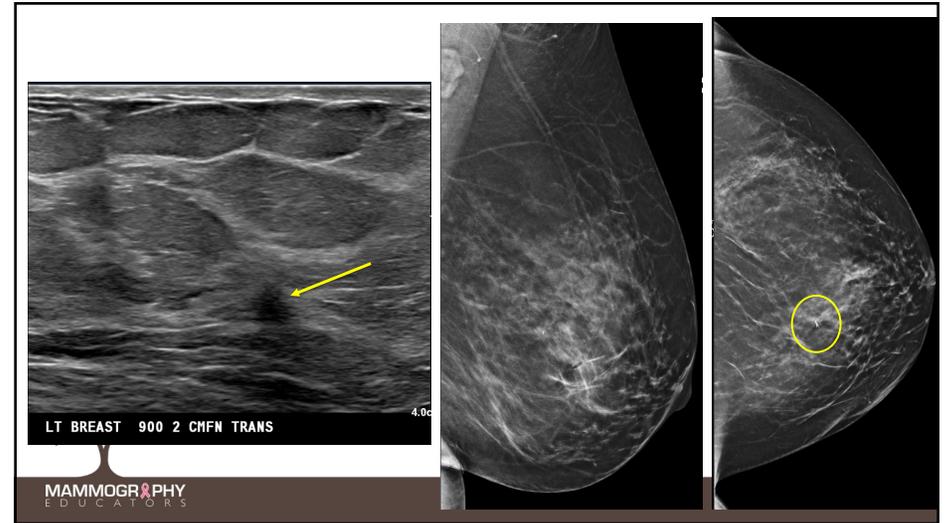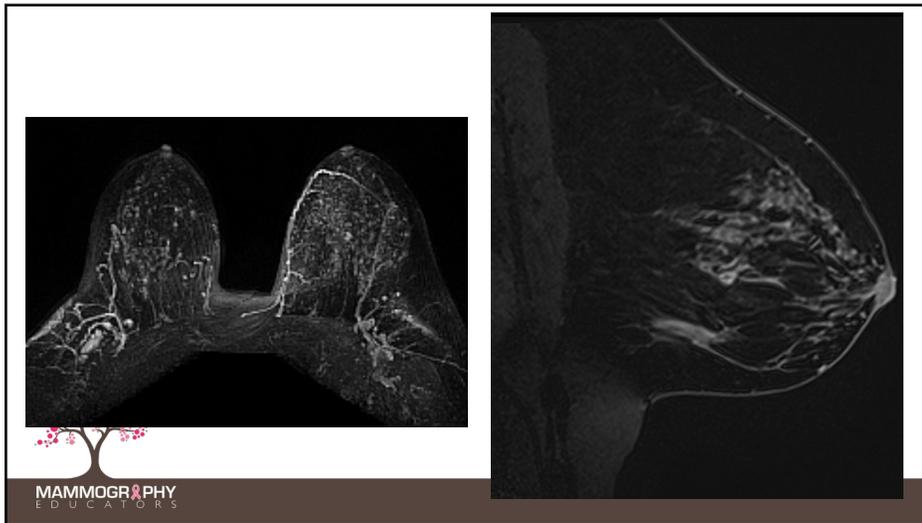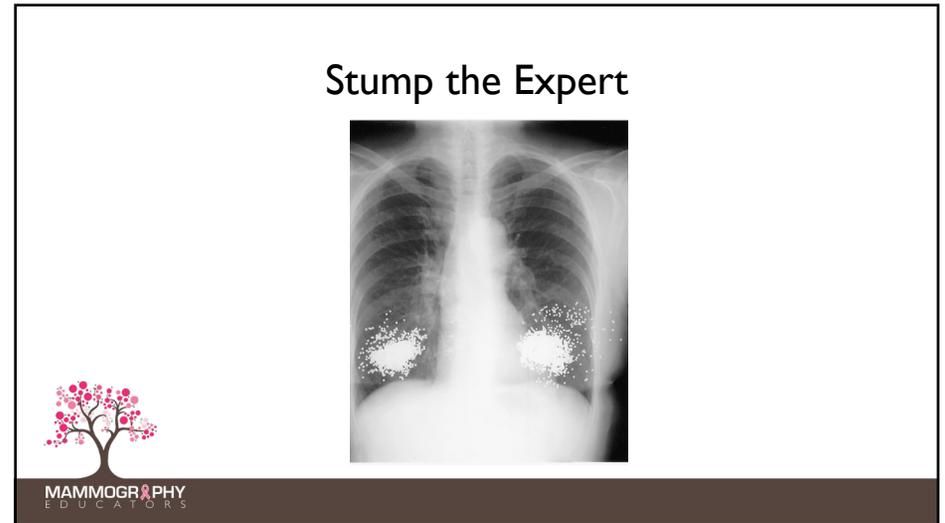
Stump the Expert

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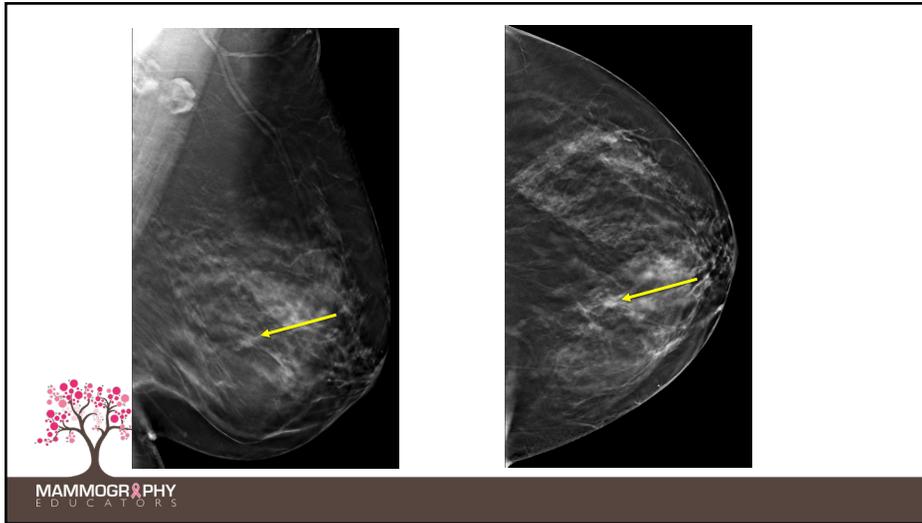EDUCATORS

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Slide 51

"BUCKSHOT BRA"

00.00
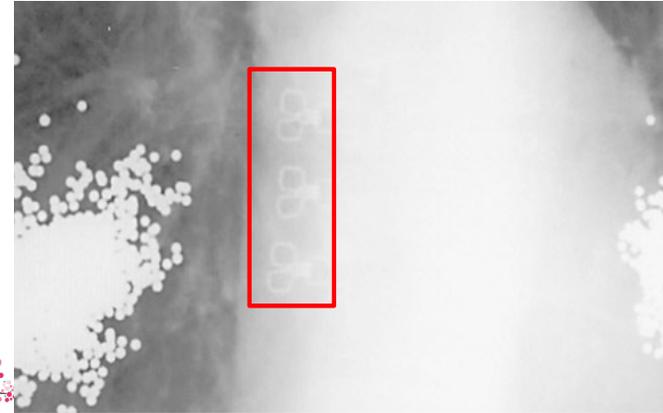
A WOMAN'S BRA IS PACKED WITH METALLIC SHOT TO MAKE HER BREASTS APPEAR LARGER. (COURTESY KEN SANDOCK, MD)

Reference: https://medapparatus.com/ForeignBodies/

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Thank You!

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For questions or more information:

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